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# **NEW YEAR MEANS NEW MENTORING OPPORTUNITIES....**

Start the New Year off right - think about new ways to improve your mentoring relationships! Here are some ideas to get you started:

- If you're a mentee now, how about becoming a mentor for someone else? After all, the best mentors are also mentees!
- Always challenge yourself to learn something new. Never outgrow your need for learning and development.
- Enjoying your one-on-one mentoring relationship? Great! Expand your mentoring circle and try group mentoring this year.

Find more mentoring resources here.

## REFLECTION ON MID-YEAR MENTORING RELATIONSHIPS

January may mark the midway point of your mentoring relationship - which is the perfect time to reflect and evaluate! Consider these tips:

- Hold an accountability conversation with your mentoring partner. Is everyone contributing and participating?
- Make sure your mentoring partnership is on-track. Are there things that need to change? What should stay the same moving forward into the New Year?
- Consider some of these questions as well:
  - Are we providing adequate feedback?
  - Are we eliminating distractions?
  - Are we meeting regularly?
  - Are we actively trying to avoid assumptions?

Review the full Mentoring Partnership Check-In Accountability Tool here!



### **MENTORING RESOLUTIONS**

Eat better. Get fit. Cut bad habits. We make New Year's resolutions for many areas of our lives - so why not mentoring, too? Mentoring is a reflective practice, and deserves time and care just like our health, wellness and happiness. Here are some questions to consider when thinking about your 2017 mentoring resolutions:

- What were the highlights of your mentoring relationships in 2016?
- What will you do, specifically in 2017, to elevate your mentoring practice?
- What will you do in 2017 to make sure that you grow and develop in your role as a mentor or mentee?

Want more? Here are 5 Quick Tips for Enhancing Your Mentoring Relationship!

### NATIONAL MENTORING MONTH

It's that time of year again! National Mentoring Month is a great reminder to celebrate mentoring, your mentoring relationships and your mentoring partners. How are you acknowledging the value mentoring brings to you and your organization? If you appreciate the time and effort mentoring takes, and the people that are contributing to your growth and development, now is the time to celebrate!



"Celebrations infuse life with passion and purpose. They summon the human

purpose. They attach us to our human roots and help us soar toward new visions. They touch our hearts and fire our imaginations." - Terrence Deal and M.K. Key, co-authors of Corporate Celebration Play, Purpose, and Profit at Work

Learn more about National Mentoring Month here.

#### **Our Mission**

We are committed to promoting individual and organizational mentoring excellence. We do this by providing: mentoring training, coaching, consultation, and program evaluation. We've helped leading organizations around the globe create mentoring cultures, and we're here for you.

#### A Note to Our Readers

We believe that leaders cannot be effective without a strong and ongoing commitment to mentoring excellence. This belief, our passion for mentoring excellence, and our extensive experience in the field with organizations led us to create the Center for Mentoring Excellence.

At our virtual center, <u>www.centerformentoringexcellence.com</u>, you will find mentoring tools and resources, expert advice and a forum for sharing best mentoring practices. We hope that you will visit us there and let us know how we can continue to help you raise the bar on mentoring in your organization.

**STAY CONNECTED WITH US** 







