POWER QUESTIONS FOR CONNECTING WITH YOUR MENTORING PARTNER

Part of building a great mentoring relationship is getting to know your mentoring partner in a deeper and more meaningful way. Questions like "How's the weather?" and "What did you do this weekend?" just don't go deep enough. Here are some Power Questions you can use to get to know your mentoring partner better. We recommend starting each meeting with one of these questions.

- 1. Who were your role models and the people who guided you?
- 2. What brings you joy?
- 3. How would you spend your time if you did not have to work?
- 4. What excites you about the field you work in?
- 5. What does your ideal workday look like?
- 6. What is an ideal leisure day?
- 7. What or who has shaped the way you see the world?
- 8. What is a quote or saying you find inspiring?
- 9. What accomplishment are you most proud of?
- 10. What is the best thing that has happened to you this year?
- 11. What are you most looking forward to in the upcoming year?
- 12. What skill/ability comes most naturally to you?
- 13. What is something people often find surprising about you?
- 14. What lessons is life teaching you right now?
- 15. What motto would you put on a bumper sticker to tell people about you?
- 16. What is your favorite/most productive time of the day?
- 17. If you were to design your ideal workplace what would that look like?
- 18. What would make you feel great at the end of each day?
- 19. What is the biggest lesson you want to teach the next generation?
- 20. When was the last time you did something for the first time?
- 21. What is something you've always wanted to do but haven't done yet?
- 22. What is your favorite day of the year and why?
- 23. What is one of the simple pleasures in your life?
- 24. What is something that you enjoy that most other people don't?
- 25. Who is your hero?

BRIDGING DIFFERENCES for BETTER MENTORING

LEAN FORWARD, LEARN, LEVERAGE

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